Abstract

## **Review Article**

## The Historical Approach of Psychopaths in Greece: An Endless Effort of Seeking Therapy for the Different Other

## Alexandros Argyriadis, RN, BSc, BA, MSc, PhD

Visiting Lecturer, Nursing Department & School of Education, Frederick University, Nicosia, Cyprus

**Correspondence:** Argyriadis Alexandros, 19 Zagorion 10445, Athens, Greece, E-mail: alexargiriadis@gmail.com

## Abstract

**Background**: The historical context, in which the acceptance and rejection of diversity have been constructed, is often overlooked by the medical literature. However, the evolution of science is strongly based in the past in many cases and especially when talking about psychiatry.

**Objective**: The purpose of this study is to present the historical knowledge that psychiatry has followed for its formation into current science. In particular, it seeks information from the ancient years and the Byzantine period until modern years in Greece.

**Methodology**: The historical research has been followed by using primary, secondary and tertiary sources. Historically approached studies from both medical and social sciences were also collected. **Results – Conclusions:** The results show that the process of understanding the human soul has gone through various stages and has become a matter of research by medical, religious and social sciences. Moreover, psychiatry can be a fertile field to offer theories of understanding diversity.

Key words: Diversity, History, Psychiatry, History of mental health